



Community Options Community Leadership Forum

Asset Based Community Development for social inclusion workshop

5-6th July

An exciting opportunity exists for individuals who have an interest and commitment to Asset Based Community Development

If you live and work in the community then this workshop is designed for you!!!

ABCD is...

ABCD is a powerful approach to community development with a particularly strong approach for supporting a productive and inclusive life for people with a disability, older people, marginalised young people, refugees, long term unemployed and people with a mental illness.

Workshop Program:

- Practical steps to find, map and engage a diverse range of community assets
- What families can do together they can't do alone
- Building a growing circle of people and groups working together for inclusion
- Harnessing connected assets to build a hopeful future for community
- What agencies can do to help communities become more inclusive
- In-depth understanding of ABCD practice, tools and resources
- Strategies that work; circles, connections, mapping, mobilising
- Developing your plan of action

Your Trainer- Ted Smeaton.

of Inspiring Communities and the ABCD Institute Ted is a passionate presenter who has developed and implemented Community Building projects throughout Australia, New Zealand and Asia.

"Ted is a master communicator, and facilitator. He brings a unique set of experience and skills in community building and ABCD related work which makes him an invaluable resource."

Jodi Kretzman, co founder of the ABCD Institute

Time: 9.30am to 4.30pm

Cost: \$200.00 Full Fee

\$50.00 Concession Card Holder: cost includes GST & Lunch

Venue:

UnitingCare Community Options
Ground floor, Brandon Office Park
Building 5, 530 - 540 Springvale Rd
Glen Waverly, VIC

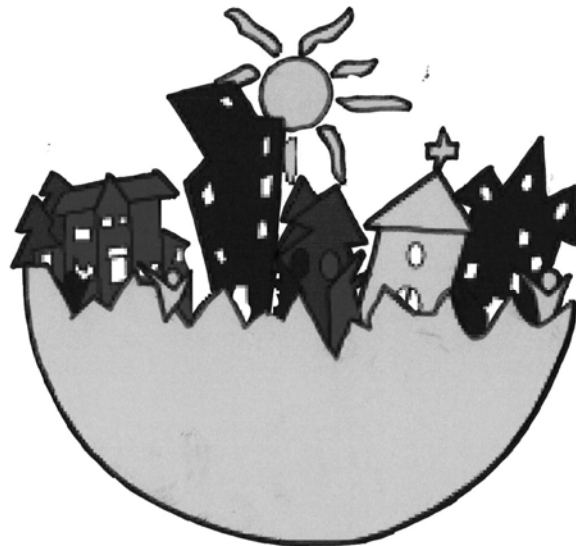
For further information please Call Julia on 9239 2530 or Email: training@ucco.org.au

ABCD Asset Based Community Development Social inclusion workshop

REGISTRATION FORM:

**Imagine if all people in our community were valued
and involved**

Visioning an Inclusive Community



ABCD defines assets as the wisdom, strengths, passions and gifts that each person has to contribute to community life.

“The concept behind ABCD is about having a look at the assets we have in our communities. We can break it down smaller than suburbs and look in our own streets.

There can be assets in terms of businesses or buildings or individuals.

Assets might be people who have time on their hands to have a chat. It might be retired people who have a skill and can be called up. Or there may be some space where people can talk to the council about creating a park...

We've all got so much to give, and it's not necessarily about money.
Just people getting together and having a conversation can move mountains...”

Quote: Sharon James ABCD Representative WA

ABCD Registration Form & Tax Invoice

FIRST NAME		SURNAME		
AGENCY NAME/ROLE				
INTEREST (eg. Parent, Person with a Disability, Worker etc)				
POSTAL ADDRESS: ST/RD			TOWN	
STATE		COUNTRY		POSTCODE
PHONE NOS:	WORK	HOME	MOBILE	FAX
EMAIL				
ADDITIONAL NEEDS (please provide details)				
<input type="checkbox"/> Wheelchair Accessibility		<input type="checkbox"/> Support Worker for assistance with meals and/or personal care		
<input type="checkbox"/> Special Equipment				
<input type="checkbox"/> Dietary (please be specific)				
<input type="checkbox"/> Other				
TYPE	COST GST (\$AU)		Number of places	TOTAL (\$AU)
Concession Card Holders & Participants	\$50.00			AU\$
Full Fee	\$200.00 (Incl GST)			AU\$
TOTAL				AU\$

If Requiring a TAX INVOICE please copy this form for your records
ABN: 84 308 043 413

PAYMENT DETAILS: Please make cheques payable to:
 UnitingCare Community Options.
 Ground Floor, Building 5, Brandon Office Park
 530-540 Springvale Road, Glen Waverley, VIC 3150

Please note: we cannot accept credit card payments however we do accept direct deposit

ACC NAME: UnitingCare Community Options

BANK: NAB BSB: 083 166 ACC: 03559 7732

REF: CLF023 and the following your initial and surname eg CLF023JButler

and please email training@ucco.org.au to advise us that the deposit has been made

TO REGISTER: please complete these forms and forward to **Pamela de Kort** – L&D Administration

EMAIL: training@ucco.org.au **FAX:** (03) 9239 2522 **ENQUIRIES:** Call **Julia Butler** on 03 9239 2530

Your booking will be confirmed upon receipt of your registration form and payment.

THIS FORM MUST BE COMPLETED TO ATTEND.

REFUND POLICY:

Seminar Cancellation: In the event of a cancellation a full refund will be issued to all registered delegates.

Registration Cancellation: Registration cancellation from a seminar 7 working days or more prior to its commencement will receive a full refund. All registrations cancelled with less than 7 working days prior to the course date are non-refundable however the fee may be transferred to another course or a substitute delegate from the same organisation is welcome.

Cancellations: must be received via e-mail to training@ucco.org.au within the time frame stated above.



Mental Health First Aid Certificate Program

8th & 9th July

This 2 day Mental Health First Aid (MHFA) course developed through Orygen Research Centre and has been delivered nationally.

This program provides participants with a clear understanding of Mental Health and defines the symptoms, causes and evidence-based treatments for the common mental Health Programs of :

- Depression
- Anxiety Disorders
- Psychosis
- Substance Use Disorder

The program also addresses the possible crisis situations arising from mental health problems and steps to help. These include: suicidal tendencies; panic attacks, trauma; acute psychosis, violent behaviour and overdose.

Participants receive a course manual and also a certificate at the completion of the course.

Additional learning areas

- Mental Health in Context
- Prevalence of Mental Health Problems
- Understand different attitudes to mental illness - Stigma and Discrimination
- Identify the signs and symptoms of prevalent mental health problems
- Gain awareness of the causes of mental illness
- Understand the impact of stress within the workplace
- Crisis interventions

Facilitator:

Rachel Mack's training experience draws on a broad clinical background including -working with disadvantaged youth, people with Mental Health issues , addiction issues, and HSA.

Rachel's down to earth attitude and life experience will provide you with a practical and interactive training experience

QUALIFICATIONS:

Bachelor of Behavioural Sciences (Honours).

Bachelor of Social Work

Cert1V in Training and Assessment and currently studying Master in Counselling

Venue: UnitingCare Community Options.
Ground Floor, Building 5, Brandon Office Park
530-540 Springvale Road, Glen Waverley, VIC 3150

Cost: refer to registration sheet

To Book in: please complete these forms and forward to Pamela de Kort
L&D Administration Ph: 92392531 EMAIL: training@ucco.org.au FAX: (03) 9239 2522

For queries regarding the course please call Rachel on 9239 2586

Mental Health First Aid Registration Form & Tax Invoice

FIRST NAME		SURNAME		
AGENCY NAME/ROLE				
INTEREST (eg. Parent, Person with a Disability, Worker etc)				
POSTAL ADDRESS: ST/RD			TOWN	
STATE		COUNTRY		POSTCODE
PHONE NOS:	WORK	HOME	MOBILE	FAX
EMAIL				
ADDITIONAL NEEDS (please provide details)				
<input type="checkbox"/> Wheelchair Accessibility		<input type="checkbox"/> Support Worker for assistance with meals and/or personal care		
<input type="checkbox"/> Special Equipment				
<input type="checkbox"/> Dietary (please be specific)				
<input type="checkbox"/> Other				
TYPE	COST GST (\$AU)		Number of places	TOTAL (\$AU)
Concession Card Holders & Participants	\$65.00			AU\$
Early Bird	\$230.00			
Group Discount (5 or more people)	\$200.00			
Full Fee	\$250.00 (Incl GST)			AU\$
TOTAL				AU\$

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REF: MHFA21 and the following and your initial and surname eg MHFA21JButler

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