

HLTAID003

Provide first aid *and*



HLTAID001

Provide cardiopulmonary resuscitation

This short course covers the knowledge and skills required to provide a first aid response to a casualty in line with the Australian Resuscitation Council (ARC) guidelines.

The topics covered will include:

- Principles of first aid
- Legal requirements
- Approaching and assessing a scene by using the 'DRSABCD' steps
- Chain of survival
- Documentation and confidentiality
- Apply first aid procedures during the following situations:
 - Trauma: Bleeding, Burns, Tissue injuries, Head injuries, Neck and spinal injuries, Crush injuries
 - Medical emergencies: Heart attack, Cardiac arrest, Stroke, Shock, Febrile convulsions, Epileptic seizures, Airway obstruction, Asthma, Hyperglycaemia, Hypoglycaemia, Anaphylaxis, Hyperventilation
 - Environment: Drowning, Hypothermia, Hyperthermia, Heat stroke, Dehydration, Cold injury
 - Envenomation
 - Poisoning
 - Fractures, dislocation, sprains and strains
- Assessment.

Course Structure

One day face to face session 9.00 am to 5.00 pm. Includes pre-reading.

Course Outcomes

At the conclusion of the course the participant will be able to:

- Respond to an emergency situation including providing cardiopulmonary resuscitation
- Apply appropriate first aid procedures
- Communicate accurately about the incident details to emergency response services
- Report and record the incident according to workplace guidelines and maintain confidentiality of records of victim
- Evaluate self performance and participate in debriefing if required.

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