



HLTAID001

Provide cardio-pulmonary resuscitation

This short course covers the knowledge and skills required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

The topics covered will include:

- Principles of first aid
- Legal requirements:
 - Consent
 - Duty of care
 - Good Samaritan legislation
 - Negligence
 - Culture
 - Documentation
- Approaching and assessing a scene by using the 'DRSABCD' steps
- Chain of survival
- Documentation and confidentiality
- Assessment.

Course Structure

Three hour face to face session 9.00 am to 12.00 pm. Includes written questions and practical assessment.

Course Outcomes

At the conclusion of the course the participant will be able to:

1. Respond to an emergency situation
2. Perform CPR in accordance with ARC guidelines
3. Operate automated external defibrillator (AED) according to manufacturer's instruction
4. Accurately convey incident details to emergency response services
5. Report and record the incident according to organisational policies.

Successfully completing the course can lead to:

- meeting 12 monthly CPR refresher requirements
- prompt identification and swifter intervention when someone is unconscious
- increased CPR knowledge for paid and unpaid carers
- additional study in First Aid.

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